



Lanark Curling Club Information

The Spirit of Curling

"Curling is a game of skill and traditions. A shot well executed is a delight to see and so, too, it is a fine thing to observe the time-honoured traditions of curling being applied in the true spirit of the game. Curlers play to win but never to humble their opponents. A true curler would prefer to lose rather than win unfairly."

A good curler never attempts to distract an opponent or otherwise prevent him/her from playing his/her best.

No curler ever deliberately breaks a rule of the game or any of its traditions. But, if he/she should do so inadvertently and be aware of it, he/she is the first to divulge the breach.

While the main objective of the game is to determine the relative skills of the players, the spirit of the game demands good sportsmanship, kindly feeling and honourable conduct. This spirit should influence both the interpretation and application of the rules of the game and also the conduct of all participants on and off the ice."

The previous text was taken verbatim from the World Curling Federation (WCF) curling handbook. The Spirit of Curling is familiar to all that curl.

Curling is one of the few sports in the world that emphasizes **etiquette**. In most league play, there are no referees or judges. Rules are based on the **honour system** and good shots are admired by all. Missed shots are never cheered.

The Olympic status has increased the competitive nature of the game, as well as overall interest in the sport. Despite the competitive aspect of the game, curling remains a highly social and gracious sport for all age groups. <http://www.curlingschool.com/manual>